



JOHN B. LACSON FOUNDATION MARITIME UNIVERSITY
(Molo), Inc.
(formerly Iloilo Maritime Academy)
M.H Del Pilar St. Molo, Iloilo City
COLLEGE OF BUSINESS



**LEVEL OF COPING WITH STRESS AMONG BACHELOR OF SCIENCE IN
TOURISM MANAGEMENT STUDENTS TOWARDS THEIR ONLINE CLASS**

A Research Presented to the
Faculty of the Bachelor of the College of Business
John B. Lacson Foundation Maritime University-Molo, Inc.
Iloilo City

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Angcoy, M.D., Belandres, R.S., Besonia, M.Q., Calantas, K.J., Catungal, M. J., Donzal, A., Espinosa, A.M., Espinosa, R. "Level of *Coping with stress among Bachelor of Science in Tourism Management Students Towards Their Online Class*" "Unpublished Research Paper. John B. Lacson Foundation Maritime University-Molo, Inc., January 2021.

Abstract

The study aimed to determine the level of coping with stress among BSTM students at JBLFMU-Molo towards their online class when taken as a whole and when classified according to sex, location, and year level. The independent variables of this study are sex, location, and year level, while level of coping with stress serve as the dependent variable. The respondents of this study were purposively chosen BS tourism management students of JBLFMU-Molo. Thirty (30) respondents were taken, ten from first year, ten from second year and ten from third year. Furthermore, Researcher-made questionnaire that underwent validity tests was used to gather all the data that will be needed to accomplish the study. The statistical tools used were the frequency, mean, and percentage for descriptive statistics. While the t-test and One-way analysis of variance (One-way ANOVA) were used for inferential data analysis. The result of the study shows that: (a) respondents had "Very High" level of coping with stress when taken as a whole; (b) respondents had "High to Very High" level of coping with stress when classified according to sex, location and year level; (c) there was no